



Steigung/montée ▲1905m		Gesamtzeit/Temps prévu 4 h 52 min		Werbe- kolonne/ Car- vane	Stundenmittel				
Gefälle/descente ▼2556m		Stundenmittel/Moyenne horaire 42 km/h			Moyenne 🕒 horaire				
				Ort / Lieu		km/h			
	Bearbeitet am 07.03.10 BZ					40	42	44	
	453	89.3	114.8	Oberräfis	Verpflegung/Ravitaillement	14:24	15:30	<b>15:24</b>	15:19
	452	89.9	114.2	Buchs		14:25	15:31	<b>15:25</b>	15:19
	446	92.1	112.0	Werdenberg		14:28	15:34	<b>15:28</b>	15:22
	447	93.4	110.7	Grabs		14:30	15:36	<b>15:30</b>	15:24
	477	96.9	107.2	Gams		14:36	15:42	<b>15:36</b>	15:30
<b>2</b>	1090	106.9	97.2	Wildhaus	VAUDOISE ASSURANCES GPM	15:00	16:08	<b>16:00</b>	15:53
	892	112.0	92.1	Alt St. Johann		15:06	16:14	<b>16:06</b>	15:58
	892	114.7	89.4	Starkenbach		15:10	16:18	<b>16:10</b>	16:02
	847	117.6	86.5	Stein		15:14	16:22	<b>16:14</b>	16:06
	799	121.1	83.0	Nesslau		15:18	16:27	<b>16:18</b>	16:10
	760	123.6	80.5	Neu St. Johann		15:22	16:31	<b>16:22</b>	16:14
	644	129.3	74.8	Ebnat-Kappel		15:29	16:38	<b>16:29</b>	16:21
	625	132.3	71.8	Ulisbach		15:33	16:43	<b>16:33</b>	16:25
	628	133.5	70.6	Wattwil		15:35	16:45	<b>16:35</b>	16:26
	628	137.4	66.7	Lichtensteig		15:41	16:50	<b>16:41</b>	16:32
	614	140.2	63.9	Dietfurt		15:44	16:55	<b>16:44</b>	16:35
	602	141.3	62.8	Bütschwil		15:46	16:56	<b>16:46</b>	16:37
	700	144.2	59.9	Mosnang		15:51	17:02	<b>16:51</b>	16:42
	674	148.2	55.9	Dreien		15:57	17:08	<b>16:57</b>	16:48
	746	150.6	53.5	Mühlrüti		16:01	17:12	<b>17:01</b>	16:51
<b>3</b>	954	153.8	50.3	Hultfegg	VAUDOISE ASSURANCES GPM	16:08	17:19	<b>17:08</b>	16:58
	895	154.6	49.5		2 Linkskurven/virages à gauche	16:09	17:20	<b>17:09</b>	16:59
	710	158.0	46.1	Steg		16:12	17:24	<b>17:12</b>	17:02
	686	160.0	44.1	Lipperschwendi		16:15	17:27	<b>17:15</b>	17:05
	655	162.7	41.4	Bauma		16:19	17:31	<b>17:19</b>	17:08
	714	165.9	38.2	Neuthal		16:24	17:36	<b>17:24</b>	17:13
	707	167.3	36.8	Bäretswil		16:26	17:38	<b>17:26</b>	17:14
	796	169.8	34.3	Vorderbettswil		16:30	17:42	<b>17:30</b>	17:19
	804	170.6	33.5	Bettswil		16:31	17:44	<b>17:31</b>	17:20
	805	171.3	32.8	Maiwinkel		16:32	17:45	<b>17:32</b>	17:21
	780	174.9	29.2	Girenbad b. Hinwil		16:37	17:50	<b>17:37</b>	17:26
	730	176.0	28.1	Wernetshausen		16:38	17:51	<b>17:38</b>	17:27
	582	178.1	26.0	Hinwil		16:40	17:53	<b>17:40</b>	17:29
	541	181.4	22.7	Erlösen	Brücke/pont	16:45	17:58	<b>17:45</b>	17:33
	535	182.6	21.5	Wetzikon - Zieldurchfahrt - Rapperswilerstrasse		16:46	18:00	<b>17:46</b>	17:34
	530	183.9	20.2	Bahnhofstrasse	PROBON Sprint	16:48	18:01	<b>17:48</b>	17:36
	654	187.9	16.2	Bäretswil		16:54	18:08	<b>17:54</b>	17:42
<b>3</b>	793	191.0	13.1	Vorderbettswil	VAUDOISE ASSURANCES GPM	16:59	18:13	<b>17:59</b>	17:47
	804	192.1	12.0	Bettswil		17:01	18:15	<b>18:01</b>	17:48
	799	193.6	10.5	Maiwinkel	PROBON Sprint	17:03	18:17	<b>18:03</b>	17:50
	780	196.4	7.7	Girenbad b. Hinwil		17:06	18:21	<b>18:06</b>	17:53
	730	197.5	6.6	Wernetshausen		17:07	18:21	<b>18:07</b>	17:54
	582	199.6	4.5	Hinwil		17:09	18:23	<b>18:09</b>	17:56
	541	202.9	1.2	Erlösen	Brücke/pont	17:13	18:28	<b>18:13</b>	18:00
	535	204.1	0.0	Wetzikon - Ziel - Rapperswilerstrasse		17:15	18:29	<b>18:15</b>	18:01